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WELCOME FROM OUR CAMP DIRECTOR



Dear Camper Parents, Grandparents, or Guardians,

Thank you for providing Camp Carl the opportunity to serve and care for your family this summer. It has been a privilege to serve families for 55 years, providing a fun, Christ centered encounter for all of our campers. We are so excited about what God has planned for summer 2019 at Camp Carl.

It is our desire to communicate effectively with all of our families in an effort to manage your expectations, answer your questions, and provide you with peace of mind, knowing that your child is in great hands at Camp Carl. Within this packet, you will receive up-to-date information, FAQs, and other material that will be helpful as you and your child prepare for their week at Camp Carl.

Please read the information carefully. Once you have had a chance to review the materials, please do not hesitate to contact our office at 330-315-5665 or email us at info@campcarl.life with any additional questions or concerns you might have.

Thank you again for selecting Camp Carl for your child's camp experience. We are looking forward to a terrific summer. Please know that it is an honor and a pleasure to provide an environment where your child can relax, have fun, build life-long relationships, and learn how to be the full expression of what God has created them to be!

See you soon!

Tan Inthian

Tom Sullivan | Director of Camp Carl



Get Ready, Camp Carl Campers!

For those of you who were here last summer and are counting down the days until summer camp starts...get ready, because it will be here before we know it! For those of you who are joining us for the first time...you're about to have the time of your life!!! We have some awesome things planned for our mornings and afternoons, and some cool evening activities as well. Below are some previews of your week, along with some reminders of extra things to bring along to make this the best week of camp ever!

Your Camp Carl Summer Staff will make sure we keep the highest standard of safety and excellence, as well as make sure that you and every other camper are cared for well. We hope you are already getting excited about the unforgettable week that is in store. The water is warming up, school is winding down, and cabins are ready, now we just need YOU to get here!

Activity Information

Camp week is packed with wall-to-wall activities and fun-filled moments. Every moment is planned and intentional—from the minute campers arise until they hit their bunk at night.

SAMPLE SCHEDULE FOR EACH DAY

7:30am	Rise and Shine	3:00pm	Activity 3
8:00am	Breakfast	4:30pm	Activity 4
8:45am	Cabin Devotional	6:00 pm	Dinner
9:30am	Activity 1	7:00 pm	Free Play
11:00am	Activity 2	8:00 pm	Themed Night Event
12:30pm	Lunch	8:45 pm	Evening Chapel
1:30pm	Flat On Bunk (FOB) or Electives	9:30 pm	Lights Out (Elementary)
		11:00 pm	Lights Out (MS & HS)

Camp Carl Activities include Archery, the Lake's Giant Inflatables: Iceberg, Slide, Trampoline, Canoeing, Kayaking, Paddle Boarding, Wooded Initiatives Course, Basketball, Horse Riding, Gaga Ball, Ultra Ball, Huge Outdoor Pool with Dual Flume Water Slides, Climbing Tower and Zipline, Creek Exploration, Paintball (MS & HS only), Giant Water Slide, and Amazing Field Sports.



DAILY THEMES & NIGHT ACTIVITIES

CAMPICARL

We've got some amazing, exciting, jam-packed daily themes & night events for Summer 2019! Here's everything you need to know. **Have some crazy fun, and bring gear and costumes to go along with the themes!!**

MONDAY: Maui Monday

What can I say except you're welcome. The beach is a wonderful place, the paradise island of all beaches is Hawaii and this is our inspiration for Monday's theme. We all know you love singing songs from the Disney movie, Moana!!! This daily theme will be making us wish for hot sandy beaches and the warm salty air of the ocean. This evenings activity will be all about the water and having fun. Our amazing foam slip and slide will ensure a foamy celebration of laughs and sheer enjoyment as you speed down the slip and slide. Down at the lake we will have our oversized pool floaty races and at the pool, there will be a themed pool party!! Be sure to pack yourself one of the coolest Hawaiian shirts and any other luau accessories.

TUESDAY: Totally "You"sday Tuesday

God made each of us individual and unique!! Today we are celebrating what makes you totally you!! Our identities and worth come from Our Savior and Lord Jesus Christ and we are his children! So what makes you feel most like you? Is there an outfit, a shirt or a hat, maybe a pair of sunglasses or shoes that make you feel like the best you can be! This evening we are going to focus on who you are and why you're awesome.

WEDNESDAY: Winning Wednesday

At camp we play lots of big group games and all throughout the week we will be competing against one another in our intense Tribe Competition. On Wednesday we will be celebrating friendly competition with a daily theme of Winning Wednesday. A few ideas for this theme night is to pack one of your favorite team jerseys, maybe a little eye black or your favorite baseball hat. This evenings activities will be filled with exciting field games that will get your legs jumping along with a team spirit that will be pumping you up!!

THURSDAY: Hoedown Throw-down Thursday

God Bless America, the Land we all love. We live in an amazing country where opportunity is plentiful and men and women fight to defend our freedom. Tonight's theme is celebrating all things Patriotic, USA, Red, White & Blue, America, and Western. We'll end the day the way every cowboy and girl ends the day, with a good ol' fashioned Rodeo. An exciting atmosphere will fill our horse barn arena with food, music, carnival games and so much more! I think the costume ideas will come naturally for this one!

FRIDAY: Flashback Friday

Does anyone remember the Macarena?? Does anyone still wear poodle skirts or put grease in their hair? This summer at Camp Carl our Friday theme is Flashback Friday where we celebrate all unique things from decades past. Do you love the 60s? 70s? 90s? Pick your favorite fashion statements from your favorite decade and wear them on Friday at camp. We will reflect over the past week and share memories that will extend far beyond your week at camp! Praise God for meeting us and having fun, he is faithful and good and wants us to enjoy life to the FULLEST!

NOTE: Use your own discretion and don't spend too much money on themed gear. Campers will have an amazing week regardless if they bring themed clothing or not.

GETTING READY CHECKLIST



Please check your Camp Carl Account (through your Camp Carl Account at www.campcarl.life. Click on My Account at the top of the home page) to be sure that all of these items are completed before your camper attends camp.

Complete the Health Form ONLINE.

- Complete the Electronic Activity Release Form ONLINE.
- Review the packing list and purchase necessary items or things for night events.
- Arrange for care package(s) to be sent to your camper (most campers will receive mail, email, and packages during the week). These can be dropped off during check-in on Sunday.
- **RED LETTERS** (letters addressed in red ink): Need to be from the regular mail service or given to us at check-in on Sunday. **Emails do NOT** count this year!! If your camper receives a red letter, we will send them to walk the plank!
- Add money to the camp store for your camper. Click on "ADDITIONAL OPTIONS" once logged in.

Pay balance for camp in full.

As always, if you have any questions or concerns that are not addressed in this packet, please feel free to call our office at 330-315-5665 or email us at info@campcarl.life

PACKING TIPS

As you prepare for Camp Carl Summer Camp, we have provided a list of items you will need to pack for your camper. On the following pages, we've included extensive lists for "What to Bring" and "What NOT to Bring." Before we jump into packing, we wanted to share a few tips.

- Please pack using a suitcase, duffle bag, or trunk (no larger than 40L x 37W x 16H).
- Each evening we have a themed Night Event and encourage your campers to dress up and get in "costume!" These themes can be found on page 6 in this packet.
- Don't buy a lot of new clothing—this is camp, and we will most likely get wet and dirty!
- Use zip lock bags to waterproof items.
- Don't send anything that you consider irreplaceable.
- Clearly and boldly label all of your child's belongings.
- Strapless clothing, mini-skirts, or t-shirts with large cut outs are not allowed.
- All shorts must be a modest length (Fingertip length) and we have a NO ROLL rule.

WHAT TO BRING TO CAMP

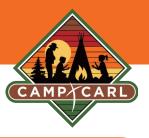
Required:

Clothing: Please make sure to label all of your camper's belongings!

- □ Blue jeans/long pants
- □ Raincoat/poncho*
- ☐ Tennis shoes (2 pair)
- □ Pair of clothes to get dirty
- □ Baseball cap/hat*
- □ Night Event costumes
- □ Socks
- □ T-Shirts/Tops (No strapless)
- □ Shorts (modest length, please)
- □ Lightweight jacket/Fleece/Sweatshirt
- □ Water bottle*
- Swimsuit (swim trunks for guys, modest swim suit that covers midriff for girls)
- □ Water shoes or old sneakers
- □ Twin bed sheets/blankets/sleeping bag
- Pillow & pillow case
- □ Towels (shower and beach)*
- □ Toiletries (shampoo, toothbrush, toothpaste, etc.)*

Optional Extras:

- Disposable cameras
- □ Sunscreen
- Insect repellent
- Bible (We will have one for you if you don't own one)
- □ Wash cloth
- Money for Camp Store— Dropped off at check-in. We will keep and record expenses.
- □ Flashlight*
- □ Laundry Bag*
- □ Stationary / Stamps* (Pre-addressed, please)
- □ Care Package**



*For your convenience, these items are available for purchase at our camp store.

**Care Packages—One of the highlights of the Camp Carl camping experience is receiving mail or care packages...maybe even a

mailed red letter

from friends and family.

Camp Carl offers the option to purchase pre-made **Carl Packs** for cabin delivery, or you are welcome to bring your own care packages. These Carl Packs will be available at check-in to choose from.

Snacks in sealed containers only. Please avoid bringing anything containing peanuts due to potential severe allergies of cabin mates.

Please do not pack anything valuable and do not over pack. Bring old items that you will not miss if they turn up lost. Camp Carl is not responsible for lost or stolen items. Lost and found items are held only two days after camper's departure. After that, they will be donated to a local rescue shelter.

WHAT NOT TO BRING TO CAMP

CAMP/CARL

What NOT to Bring to Camp

- Any electronic device that can access the Internet breaches our security policy. If discovered by a counselor, it will be collected and stored until the end of the camper's session.
- In addition, Camp Carl cannot be responsible for lost or broken articles. Please do not bring anything that would break easily or cause loss if misplaced.
- Any web-enabled devices—Cell Phones
- Computers iPads/Tablets
- Hand-held video game systems
- Alcohol, Illegal drugs
- Tobacco products
- Weapons (including pocket knives and multi-tools)
- Fireworks
- Personal sports equipment (everything you need will be provided for your activities)

ARRIVAL AND DEPARTURE

We can't wait to see you! Check-in time for Camp Carl is Sunday afternoon beginning at 5:00pm and running until 6:00pm. Campers should arrive no earlier than 4:00pm and no later than 6:00pm. For safety and scheduling reasons, there will be no one to assist you or care for campers before check-in time. Please do not arrive before 4:00pm. If for some reason you cannot arrive during the required arrival time, please email our office at info@campcarl.life.

Maps and Directions

Maps and Directions to Camp Carl are available on our website at http://campcarl.life/contact.

Closing Ceremony

Closing Ceremonies begin at 2:30pm for all Summer Overnight Camps. Closing Ceremony is especially designed for you and your family. Dismissal will be at 3:00pm. The counselors will honor your camper and speak of the character qualities they saw in your camper during the week. A video of your child's week at camp will also be shown. We hope you will attend!

IMPORTANT THINGS TO KNOW

Car Decorating

CAMP CARL pers to

We're continuing a tradition at Camp Carl by asking you and your campers to decorate your cars for the trip to camp—with window paint, crepe paper, etc., "Camp Carl 2019," their cabin/camper name, etc. It's a fun way to start the week, but certainly not required. You can purchase car markers at Walmart, Hobby Lobby, or Michaels. **You will receive a special surprise for your efforts!**

When You Arrive...

You will be directed to a parking space, where you'll place your luggage behind your car and wait for one of our staff members who will tag your luggage and take it to a shuttle. You will then be directed to the Worship Center where you will check-in. For the safety of all campers, a lice check will be performed on all children in the lodge according to our policy.

Once you've completed check-in...

You can then proceed to your campers assigned cabin. At the cabin, you will meet your camper's counselors, help your camper make their bed, get settled, and discuss any special concerns with their counselors. Once your camper is settled, you can say your goodbyes in their cabin, and you will be transported back to the parking lots and lodge. Once you

depart, remember to follow us during the week on our social media platforms.

■ Facebook (@campcarllife) Instagram (@campcarllife) Twitter (@campcarllife)

Letters and Packages from Home

You may bring mail and care packages on Check-In Day and drop them off in the Worship Center. Please indicate your camper's name, cabin number and desired delivery day. Be sure to put any food in a re-sealable container, please send only non-perishable food items, and please do not send anything with peanuts. We request that your camper's packages be no larger than the size of a normal shoe box. We encourage you to arrange for your camper to receive email, mail and care packages during the week. Most campers will receive one or more during their stay. The Camp Carl Store sells ready-made care packages called Carl Packs.

Cabin numbers can be found on your child's registration, one week before your camp week Additionally, any item purchased in the store on Check-In Day can be delivered to your camper on the day of your choice.

Lost and Found

Please check the Lost and Found table in the Worship Center leaving on Friday. If you realize your camper did not make it home with an item, please call Camp office at 330-315-5665 and leave a message describing the missing item(s). Items will be held for one week. Unclaimed items will be donated to charity. Please label all items and make sure that you have all of your camper's belongings before you leave. Please note that Camp Carl cannot be responsible for lost or broken articles.

Camper Photos

Photos and videos of your camper, their cabin mates, and counselors will be posted on Facebook daily for you to view absolutely FREE. We encourage you to pass on your photos to friends and family.



Every Camp Carl camper is required to fill out the Camp Carl Health Form online on your account. This should be completed prior to your camp week's start date.

Special Dietary Requirements

Camp Carl is concerned about your child's health and offers a wide variety of food options at each meal via a buffet line. Therefore most dietary needs are met through our various food choices and do not require special meals. However, we understand that food restrictions beyond preferences are needed. Please note the following:

- We are not a peanut-free facility. Although we do not serve peanuts or peanut butter with any of our meals, campers are permitted to bring in snacks and there is a possibility for peanuts to be brought in with them.
- Our kitchen is not certified gluten-free and cross contamination can occur.
- We are able to accommodate some food allergies by providing alternatives (i.e. Lactose free milk, gluten-free bread/pasta etc). Alternatives will be provided to those with food allergies only. If your child has an allergy that will require special meals, please call our office at 330-315-5665 two weeks before your camper is scheduled to arrive.
- Severe or life-threatening food allergies may require a camper to bring their own meals. If your child has a life-threatening food allergy, please call our office at 330-315-5665 two weeks before your camper is scheduled to arrive.

Lice Policy

For the safety, health and comfort of all campers, no child with untreated lice (bugs) or lice eggs (nits) on their person or belongings will be admitted to camp. Each child will be checked for lice/nits upon arrival to camp. If lice/nits are present, they must be treated prior to admittance to camp. Parents are responsible for treatment of both their camper's belongings camper's head when lice and or nits are found at camper check-in. Please check your child within 48 hours of arriving at camp (see www.headlice.org for more information). In order to properly perform a lice/nit check, ponytails must be removed prior to check. We will do our best to do lice checks around braids but any signs of lice or nits will require that braids be taken out.

Health Care Reminders

At Camp Carl, safety is our number one priority. Your child's safety and health are of the utmost importance to us and we will provide professional and responsible care while they are at camp. To maintain our standards of excellence, we follow the regulations of the American Camp Association standards. Below are some suggestions that will improve your child's experience and expedite your check in process on Sunday.

- We have a No Nit, No Lice policy. Please inspect your child(ren) 48 hours prior to camp for lice and/or nits. If found, please treat and remove ALL nits so that they can be admitted to camp. There are a number of resources available that can assist you in this process. For your convenience, here is a sample website you can review:
 - http://www.wikihow.com/Check-a-Child's-Hair-for-Lice
 - Please note that every child is also checked on their arrival day by a counselor and or Health Care Professional.

HEALTH INFORMATION



- All medications are required to be in the original packaging and contain only the medication identified on the container. Do not put two or more different medications in the same container.
- If your child requires a prescription medication, the prescription label must be legible with the camper's name on it. Please do not use old bottles or those belonging to another family member as they will not be administered per state law.

• Please bring all medication in a <u>labeled</u>, 1-gallon Ziploc bag.

- Please check the medication's expiration date. Expired medication will not be administered per state law.
- The ONLY medications that are permitted to be kept with the counselors are RESCUE inhalers and EPI pens. These are the only medications that our counselors are trained to administer. If you have any questions, please feel free to contact our Health Care Doctor during check-in.
- We do not allow campers to keep these medications themselves as it poses a threat to other campers. A counselor that has your child's rescue medication will be with your child at all times. The counselors are allowed to keep glucometers.
- Please contact our office as soon as possible at info@campcarl.life if your child has one or more of the following conditions:
 - Requires any injectable medication
 - Any seizure disorder
 - Autism
 - Asperger's Syndrome
- Any special situation that requires our attention. It is very beneficial for us to have this information as soon as possible so that we may prepare our counselors and staff.
- If your child's medication will be coming with someone who is not familiar with the dose and administration time, please be sure to send a note with the exact information. Medication administration times are during Breakfast, Lunch, Dinner and at Bedtime. Please choose which med call times you will prefer.
- If your child has surgery, a fracture or serious injury within six weeks of camp, please contact our office as a physician's release will be required.
- If contagious illness 7 days prior to camp, please contact our office to discuss specifics.
- All medications will be returned on Friday. Medications that are left over are disposed, so please be sure to stop by our Medication Return table in the Lodge on Friday.

GENERAL POLICIES AND GUIDELINES



Roommate Requests

At Camp Carl, we will do our best to honor up to three roommate requests per camper. Groups larger than three, we will do our best to get everyone together, but can't guarantee.

Cancellations

There is a \$50 non-refundable registration fee. A refund, minus the registration fee, will be given for cancellations more than 30 days before the camp date. Cancellations for any reason within 30 days of the camp date will not receive a refund. Campers can chose to move to a different week if one is available or transfer funds to another camper within the 2019 summer season. All cancellations requests must be submitted via email to info@ campcarl.life. Registrations not paid in full the Friday before the Sunday drop-off may be subject to automatic cancellation.

Communications

The best way to contact Camp Carl is through e-mail. Please address all correspondence to info@campcarl.life. We check our e-mail regularly and respond in a timely manner. You may also call 330-315-5665. Campers may not email or call home.

Camper Check-Out Policy

Campers will be released only into the care of the adult assigned in the registration process. If other than the parent, we require an Alternative Pick-Up Form to be completed on line or during check-in.

Early Release

If you camper needs to leave camp earlier than Friday, an Early Release Form can be filled out at check-in.

Contacting Your Camper

If an emergency arises you can call our office 24 hours a day and one of our staff will assist you. If your camper needs to contact you we will facilitate that as well. You are more than welcome to e-mail or write a letter to your camper. The address for all regular mail correspondence is:

Camper's Name and Date Camper's Cabin Number 8054 Calvin Rd. Ravenna, OH 44266

Your e-mail will be delivered directly to your camper with the daily mail call at one of our meals.

To e-mail a camper follow these steps:

- 1 Go to CampCarl.life
- 2 Click on my account
- 3 Log-in to your account
- 4 Click on "Additional options" at the top of the page
- 5 Click on "E-mail a camper"

STAY CONNECTED WITH CAMP CARL'S SOCIAL MEDIA



Stay Connected During Camp Week (and All Year Long!)

Camp Carl has an active presence in several areas of social media. To view the variety of ways you can communicate with us, get to know us better, and stay connected all year long.

- Live Updates on Facebook and Instagram
- Our weekly videos will be posted to our Vimeo Page (https://vimeo.com/campcarl)
- Get the latest camp news by following @campcarllife on Facebook. We'll be posting throughout the day. If you think it would be fun to hear a little bit of detail from daily camp life as a way to "follow" your child's week, then this is for you. We will not use camper names or personal information in our post, rather we will be trying to capture something from every cabin each day.
- Please give us your feedback on **Google Reviews**. This has been our one of our best ways to get the good word out about our camp. Search Camp Carl in Google's search engine and write a review! We greatly appreciate it!

